



NARAYANA
COLLEGE OF NURSING

Chinthareddypalem, Nellore - 524003. A.P.

Ph No: 0861-2317969 | Fax: 0861-2311968.

Recognized by Indian Nursing Council and A.P. Nurses & Midwives Council

Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

Accredited by "International Accreditation Organization (IAO)"

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DEPARTMENT OF MEDICAL SURGICAL NURSING
REPORT ON WORLD OBESITY DAY
DATE: 19/04/2022 TIME: 10:00 am– 01:00 pm
VENUE: SUPER SPECIALITY, GROUND FLOOR, NMCH,
NELLORE.

Name of the Department	MEDICAL SURGICAL NURSING
Title of the programme	WORLD OBESITY DAY
Theme	'EVERYBODY NEEDS TO ACT'
Date of activity organized	04/03/2022
Name of the coordinator of Activity	Mrs A.LATHA M.Sc (N) Prof/HOD
Venue	General medicine OPD, NMCH, Nellore
No. of participants	100 Patients
Objective of the Activity	To improve the world's understanding, prevention and treatment of obesity.
Outcome of the Activity	Created awareness about obesity and its effects and encourage action towards its prevention.

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Principal

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Report of the Activity

World Obesity Day is observed every year on **March 04**. It is observed to spread awareness about obesity and encourage action towards its elimination. The day is organised by the World Obesity Federation, a non-profit body that is in official relations with the **World Health Organisation**. The theme of World Obesity Day 2022 is '**Everybody Needs to Act**'. The campaign aims to improve the world's understanding, prevention and treatment of obesity.

Department of Medical Surgical Nursing has organized awareness programme on world obesity Day on 4th march 2022 between 10 AM -1 PM in General Medicine OPD at Narayana Medical College and Hospital, Nellore. The programme was coordinated with Department of General Medicine The programme was inaugurated by Dean of Narayana medical college, Principal and HOD of Medical Surgical Nursing Department, HOD of General medicine department, Medical superintendent, Nursing superintendent, Deputy Nursing Superintendent. A total of 100 patients were participated in the awareness programme.

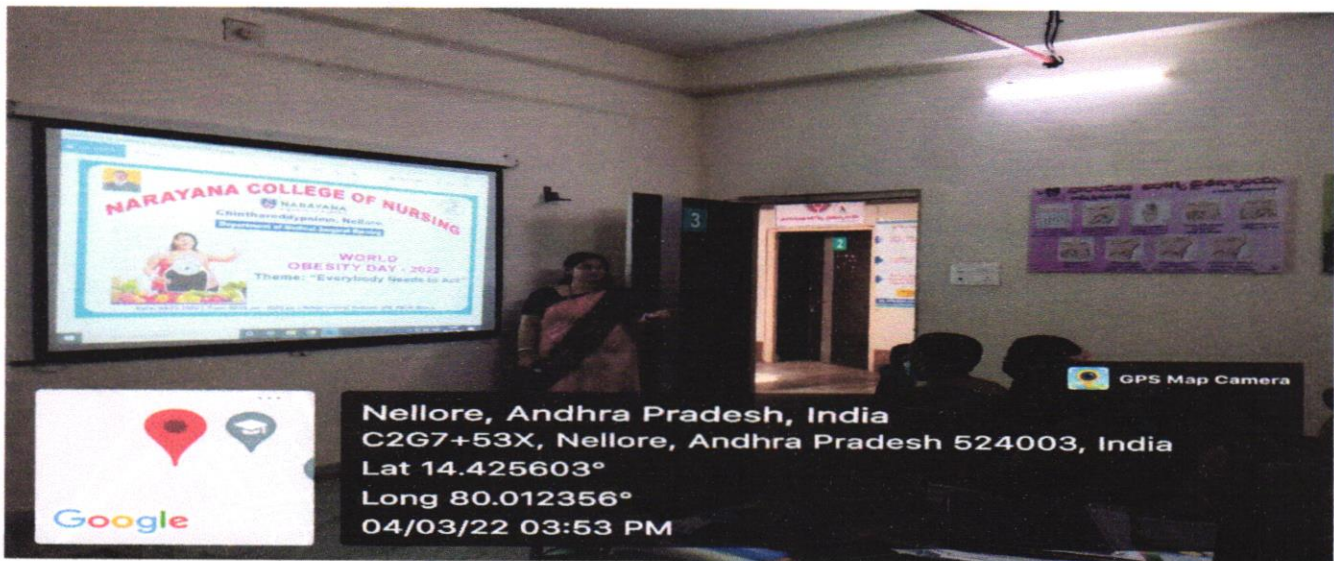




FIG-1 Explaining the theme: Everybody needs to act


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The programme was started at 10 am with the welcome address which was proposed by Associate Professor Mrs. Subhashini. After welcome address, pre-test questionnaire was distributed to the participants. After completion of pre – test the participants were given a brief introduction about obesity and its effects at 11 am. Height, weight and BMI was monitored for all the participants.

Health education was given to the participants through power point presentation by faculties of Medical Surgical Nursing department on obesity, its causes, symptoms, treatment, life style modifications. Post test was conducted with same tool at 12:30 p.m.

Analysis –

Table no.1 Frequency and percentage distribution of level of knowledge

N-100

GRADE	PRE-TEST		POST-TEST	
	FREQUENCY	PERCENTAGE	FREQUENCY	PERCENTAGE
A+	25	25	45	45
A	35	35	30	30
B+	25	25	25	25
C	15	15	-	-
D	-	-	-	-
TOTAL	100	100	100	100

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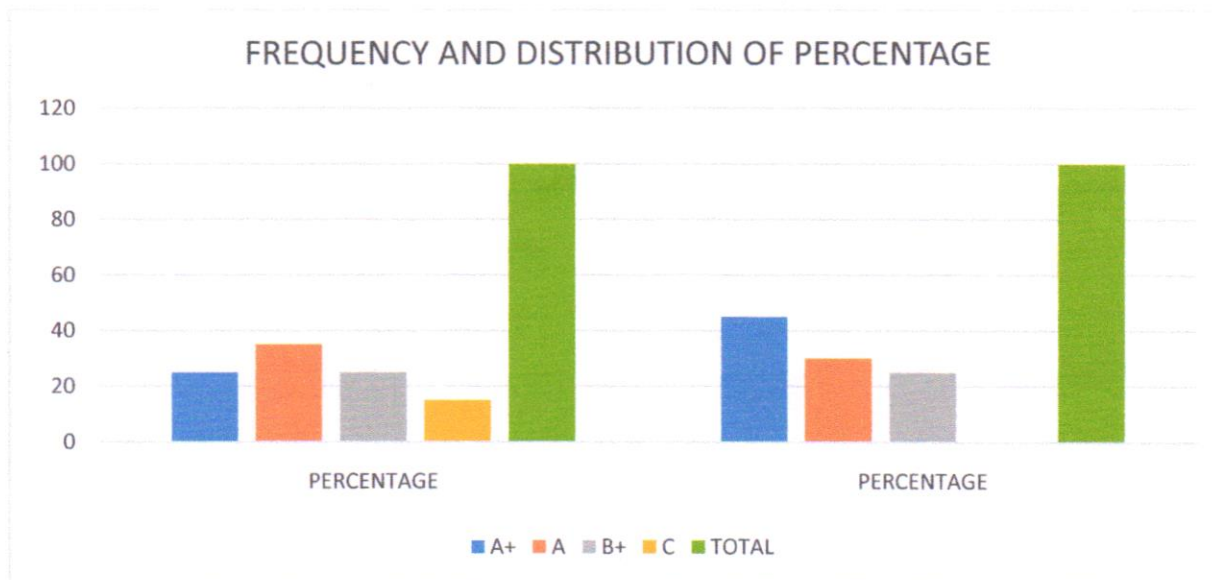


Fig.No 1: Comparison of percentage distribution of level of knowledge

Prof. A Latha ended the programme with vote of thanks followed by national anthem.

SIGNATURE OF HOD

HOD

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PRINCIPAL

Principal

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